

QUEEN MARY'S COLLEGE (AUTONOMOUS), Chennai 600 004
DEPARTMENT OF MATHEMATICS
“MUSIC and YOGA” – 7th January 2020

A REPORT

The Department of Mathematics has successfully organized one day programme on **MUSIC and YOGA** on 7th January 2020. Chief Guest of the programme was **Mrs. V.JEEVA, Former Principal**, Nandanam Arts college, Chennai and Former HOD of Mathematics, Queen Mary's College, Chennai. **Mrs.NIRMALA NAGARAJAN, State Yoga Coordinator** of Tamilnadu & Pondicherry, **Mrs. ANUSHA RAMESH, Sahaja Yoga Meditation** and **Mrs. S.VIJAYA**, Disciple of Smt. Neela Ramgopal were the Guests of event. The Programme was organized by **Dr.(Mrs.) N.JANSI RANI, Associate Professor** and **Dr.(Mrs) R.SUMITRA, Assistant Professor**, Internal Quality Assurance Cell (IQAC) Members of the Department of Mathematics with the guidance of the **Dr.M.Vijaya, Associate Professor** and Head, Department of Mathematics. Nearly 125 students and faculty members actively participated and practiced yoga. This one day programme was really refreshing.