"Breaking the Barriers" activity for IBA English students for

English for Communication handled by Dr. Sakthipriya. A

**Activity Title: Breaking the Barriers** 

Objective: To foster effective communication, teamwork, and problem-solving skills among students by overcoming obstacles and challenges.

Activity Description:

In this interactive activity, students will participate in a series of challenges designed to break down barriers and encourage collaboration. The activity will consist of:

- 1. Icebreaker Session: Students will engage in a fun, introductory game to get to know each other and establish a comfortable atmosphere.
- 2. Obstacle Course: Students will be divided into teams and navigate through an obstacle course, requiring communication, trust, and teamwork to overcome challenges.
- 3. Problem-Solving Tasks: Teams will participate in problem-solving activities, such as puzzles or brain teasers, that require effective communication and collaboration to solve.
- 4. Debriefing Session: After completing the challenges, students will reflect on their experiences, discussing what worked well, what didn't, and how they can apply these skills in real-life communication scenarios.

**Learning Outcomes:** 

- 1. Develop effective communication skills
- 2. Foster teamwork and collaboration
- 3. Enhance problem-solving abilities
- 4. Build trust and rapport among team members
- 5. Apply English language skills in a practical, interactive setting

This activity aims to create a supportive and engaging environment where students can develop essential communication skills, build relationships, and have fun while learning.





