108th Sports day report 2023–2024

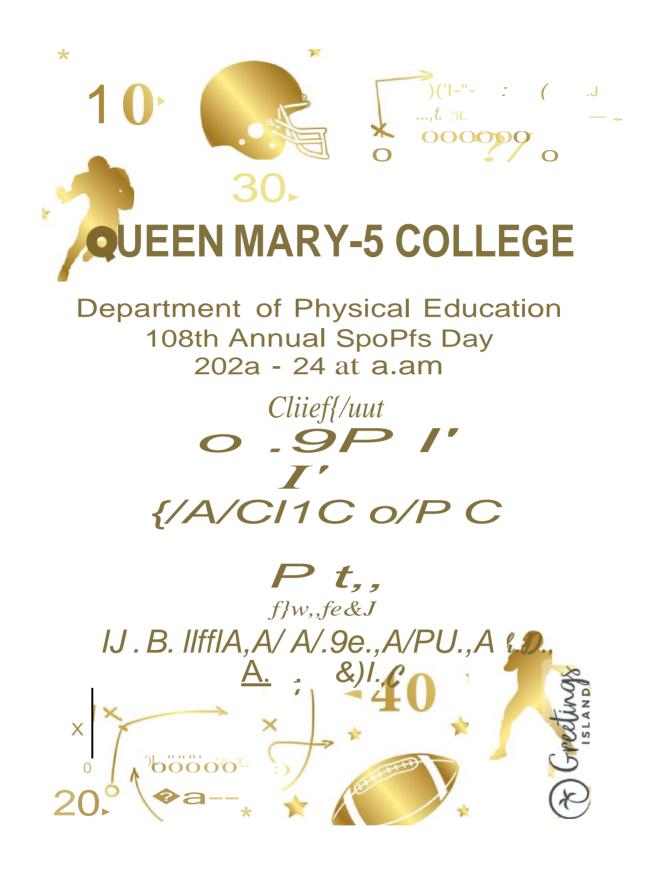
The 108th Annual Sports Day commenced with a warm welcome from the principal **Dr B.Uma maheswari**, setting the tone for a day filled with athletic fervor. **Dr. E. Uma,Associate professor,DPHS**,graced the occasion with a felicitation address, followed by a thought-provoking speech from the esteemed chief guest, **Dr. Johnson Prem Kumar**.

The grand inauguration saw **Dr. Johnson Prem Kumar** hoisting the college flag and igniting the Olympic torch, officially declaring the Sports Day open. A captivating Color March past, skillfully executed by various departments, unfolded before judge**Dr. R. Desingurajan**, **Director of physical education**,**DB Jain college and Dr. K.S. Sridhar**,**Director of physical education**,**Patchayappa's college**.

Head and Director of physical education, **Dr.V.Sujitha**, presented an insightful annual report, highlighting a spectrum of intramural events that engaged students, teaching staff, and non-teaching staff alike. The cultural segment dazzled with displays of karate, yoga, silambam, and aerobics with lezium, showcasing the diverse talents of the students.

As the day reached its pinnacle, the chief guest and principal took center stage to honor and distribute prizes to the deserving winners. Special recognition was extended to the dedicated members of the college sports committee and coaches who played pivotal roles in nurturing talent.

The ceremonial lowering of the college flag marked the culmination of the Sports Day, symbolizing the end of a day filled with enthusiasm. The college principal graciously handed over the flag to the Physical Director, bringing a fitting closure to the event. Miss.S.Sandhya, 3Rd year DPHS, The Sports Secretary expressed heartfelt gratitude in the concluding vote of thanks, acknowledging the collaborative efforts that contributed to the success of the 108th Annual Sports Day.



DEPARTMENT OF PHYSICAL EDUCATION

SPORTS DAY RESULTS 2023-2024 QUEEN MARY'S COLLEGE(AUTONOMOUS)

WINNER				
S.NO	NAME	CLASS	NAME	
- 3.W				
	A. SRIDEVI	II B.COM CS	S. PREETHI	
GAME: CARR			1	
1	S. AUGUSTINA	II B.A SOCIOLOGY	A. NETHRA DEVI	
2	S. FIZATHABASOM	III B.A SOCIOLOGY	M. KUMAIRUC MARIJOHN	
GAME: BADM	HINTON			
1	B. BLESSY VEFELIN RAJ	II M.A ENGLISH	J. METTILDA JOSEPHINE	
2	S. ABI	III B.A ENGLISH	S. SOWNDHARIYA	
GAME: TABLI	E TENNIS			
1	R. NIVEDA	III B.COM (SH-II)	P. ANGELIN	
2	U. VIDHYASREE	II B.COM	V. RANJINI	
GAME: VOLLE	EY BALL			
1	S. SUMATHI	II M.A SOCIOLOGY	R. JEEVA	
2	R. POOJA PRIYA	II B.A SOCIOLOGY	R. SRINIDHIMONIKA	
3	M.MANVITHA	II B.A SOCIOLOGY	S. RAJADHARANI	
	K.R. AMRITHA	II M.A SOCIOLOGY	R. MOHANA	
	V. RAMYA		K. SUJATHA	
6	C. VINODHINI		G. AKSHIKA	
	M. AKSHAYA		S. SRATHIKA KAMALA	
	K. MANJULA	II M.A SOCIOLOGY	G. YUGAPRIYA	
° 				
_	S. JEBAQUEEN	II B.A SOCIOLOGY	K. SAPTHAMI	
10	S. SWETHA	II B.A SOCIOLOGY	S. AKILA	
	J. LOGITHA	II B.A SOCIOLOGY	K. KALAISELVI	
12	M. LOKESHWARI	II B.A SOCIOLOGY	G. SHALINI	
GAME:KHO-K	I			
1	R. SELVAM	I M.SC CHEMISTRY	K. SWETHA	
2	K. SEETHALAKSHMI	II B.SC CHEMISTRY(T/M)	S. GIRIJA	
	E. PRABAVATHI	II B.SC CHEMISTRY(T/M)	M. LOGESHWARI	
4	P. KEETHIGA	II B.SC CHEMISTRY(T/M)	L. ABINAYA	
<u>5</u>	H. ASMA	III B.SC CHEMISTRY	V. SUSHI	
6	P. AARTHI	III B.SC CHEMISTRY	E. EZHILARASI	

108[™] ANNUAL **SPORTS** DAY







MARCH PAST









OYLIMPIC TORCH





YOGA





SILAMBAM





KARATE





UNION MEMBERS



MARCH PAST WINNER <HOME SCIENCE>



OVER ALL WINNER (SOCIOLOGY>



QUEEN MARY'S COLLEGE (Autonomous) (Affliated to University of Modras) Re-accredited by NAAC with 'A' Grade Chennai - 600 004.				
108 ¹⁴ Ar	nnual Sports Day 2024			
-	ificate of Merit			
of	Ms J. METTILDA JOSEPHINE Com C 3 place in the Bedminton			
	s day held on <u>16-02-ROPA</u>			
Dr. V. SUJITHA DIRECTOR OF PHYSICAL EDUCATION	Dr.B.UMA MAHESWARI PRINCIPAL			

Sports Achievements Report 2023-2024.

The Tamil Nadu Skill Development Health and Family Welfare Training Centre, Egmore, organized a health workshop on June 22, 2023. The workshop saw enthusiastic participation from sports students showcasing their prowess in various disciplines.

Yoga

17th Yoga Pradarshan South India 2023 at Gummidipoondi Thiruvalluvar witnessed outstanding performances from DPHS students. Umama Maheshwari secured first place, followed by Nandini in second place. Another student from DPHS claimed the third position.

Judo

J. Rosy, a first-year B.Com student, showcased her Judo skills by securing the second position in the Junior Judo State Level Championship at Tirupur. She

also achieved notable positions in national-level competitions, including a 5th position in the Junior National Judo Championship held in Gujarat.

Rugby

The college rugby team clinched the first position in the Touch Rugby Tournament held at Bangalore and secured the second position in both an inter -college tournament and a tournament jointly organized by the Tamil Nadu Rugby Association and Queen Mary's College.

Pencak Silat

Vijayalakshmi, a first-year B.Com student, represented the college in various national Pencak Silat championships, earning accolades such as a Bronze medal and Silver medals in different events.

Cricket

Three cricket players from the college participated in the Interzone Ticket Tournament, securing the second position.

University Events

The college excelled in various sports at the University of Madras A Zone tournament, securing top positions in Kabaddi and notable performances in other games like football, tennis, and cricket.

Powerlifting

Merlin, a student from the Department of Physical Education, secured the fifth position in the State Level Powerlifting Competition.

Other Achievements

The college's visually challenged students secured the first position in the State Level Chief Minister Trophy Tournament.

Several students represented the college in inter-university tournaments and national-level competitions across different sports, highlighting the diverse talents nurtured within the department.

Dr. Sadhana, an English department professor, represented Tamil Nadu in a national-level basketball tournament, securing the second position with her

team.

Overall Achievements

The Department of Physical Education produced an impressive tally of 35 state players, 22 national players, and one international player across various sports.

Conclusion

Congratulations to all the participants for their remarkable achievements, showcasing the dedication and talent fostered within the Department of Physical Education. These accomplishments reflect the college's commitment to promoting sports excellence among its students.