# **Value-Added Courses Report**

**Course Title: Karate and Silambam Training** 

Institution: Queen Mary's College, Chennai

# **Course Description:**

Karate Program: An MOU signed by **Dr. B. Uma Maheshwari, Principal**, and **Renshi Kubudo Dr. A.S. Krishnamoorthy, Ph.D.**, outlines the structured karate training program. This program aims to provide martial arts training and conduct testing programs for approximately 50 students from various departments.

#### **Schedule:**

Frequency: Weekly two classes

Time: Morning 7:30 to 8:30

Days: Every Thursday and Friday

Duration: 6 months

#### **Instructors:**

Lead Instructor: **Dr. A.S. Krishnamoorthy, Ph.D**., RYU KYU KOBUDO SHIMBUDAN AND OKINAWA SHORINRYU MU-KEN-KAI KARATE-DO, INDIA, CHENNAI 600017

Assistant Instructor: Ms. Mahalakshmi

### **Department Oversight:**

The MOU is monitored and controlled by the Department of Physical Education, under the guidance of **Dr. V. Sujitha.** 

## **Objective:**

To provide both physical and mental health fitness training to economically disadvantaged students.

To empower women through martial arts.

#### **Achievements:**

**State Tournament:** Several students secured prizes in state-level tournaments.

**Belt Certifications:** 20 female students received yellow belts and certificates.

International Exposure: Students participated in international seminars and workshops, enriching their knowledge about martial arts and overall well-being.

**Social Welfare:** The program has benefited many economically disadvantaged students, providing them with valuable skills and opportunities.

**Empowerment:** Empowering women and promoting a sound mind in a strong body philosophy.

# **Conclusion:**

The Karate program at Queen Mary's College has not only equipped students with self-defence skills but also instilled discipline, confidence, and a sense of empowerment. Through dedicated instruction and participation in tournaments and seminars, students have showcased their talents and represented the institution with pride. This initiative stands as a testament to the institution's commitment to holistic education and social welfare.



# Branch: "Queen Marry's" College

	REGISTER OF ATTENDANCE				17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	3
	To an annual state of the state			DAY	THR	FRI	THR	FRI	THR	FRI	THR	FRI	THR	FRI	THR	THR	THR	FRI	THR	FRI	1
	NAME	PHONE	COURSE	DATE MONTH	05 10	10	14	15 12	12	12	28 12	29 12	04	05 01	11 01	18 01	01	02	08	09	
l.No		NUMBER		YEAR	23	23	23	23	23	23	23	23	24	24	24	24	24	24	24	24	I
	K.LEENA	8270837639	B.A, HISTORY	2 <sup>nd</sup>	x	a	x	x	x	x	x	x	x	x	x	a	x	x	x	x	
!	L.KANCHANA	7200376870	B.A. Economics SFT- I	2 <sup>nd</sup>	x	x	x	а	x	x	x	а	x	x	x	a	x	а	x	x	
3	D.ABINAYA	8489754016	B.A. History	2 <sup>nd</sup>	x	x	a	а	a	a	a	a	x	x	x	a	a	а	a	a	
1	RAJALAKSHMI.K	9080634468	B.A. History	3rd	x	x	x	x	x	a	x	x	x	а	а	a	x	x	а	x	
5	K.DHANALAKSHMI	9159710404	B.A.HISTORY	2 <sup>nd</sup>	x	x	a	x	x	x	x	x	x	x	x	x	x	x	x	x	
5	KANCHANA.A	8248654299	B.A.SOCIALOGY	2 <sup>nd</sup>	x	x	x	x	x	x	x	x	x	x	l	a	x	x	x	x	
7	K.SEVVANTHI	7418597011	B.A.Sociology	2 <sup>nd</sup>	a	a	a	a	x	x	a	a	a	a	a	a	a	x	x	x	
3	S.SARANYA	7418445181	B.Com. C.S	2 <sup>nd</sup>	x	x	a	a	a	a	а	a	a	a	a	a	a	а	a	a	
9	ANJU.B	9043280916	B.Com.(G) 'A'sft- 2	3 <sup>rd</sup>	a	a	a	а	a	a	а	a	a	a	a	a	a	а	а	a	
10	M.SANDHIYA	8015146294	B.COM.CS	<b>1</b> ST	a	a	a	а	a	a	а	a	a	a	a	a	a	а	a	a	
1	M.NIVETHA	8148896092	B.COM.CS	<b>1</b> ST	x	x	a	a	a	a	a	a	a	a	a	a	a	а	a	a	
12	S.VIJAYALAKSHMI	9940566279	B.COM.GENARAL	<b>1</b> 8T	a	x	a	а	a	a	а	а	a	a	a	a	a	а	a	a	
.3	A.RESHMA	6379564962	B.Com-li-Sft 'A'batch	3rd	x	a	x	x	a	x	x	x	l	x	x	a	x	x	a	a	
.4	P.V.ADHVICKA	7358669361	B.Com-li-Sft 'A'batch	3rd	a	a	a	а	a	a	a	a	a	a	a	a	a	а	a	a	
15	P.RITHIKA	6381876840	BA.ECONOMICS	1ST	x	x	x	x	x	a	x	l	l	l	x	a	x	x	a	a	

16	Y.B.RANI	9384619551	BA.ECONOMICS	1 <sup>ST</sup>	a	а	a	a	а	a	а	a	а	a	а	а	a	a	а	а	a
17	M.SASIKALA	9176907348	BA.ECONOMICS	1 <sup>ST</sup>	x	x	x	x	x	a	a	x	x	x	a	a	a	a	x	x	0
18	K.MONIKA	8072018196	BA.ECONOMICS	1 <sup>ST</sup>	a	a	a	a	a	a	a	a	а	a	a	a	a	a	a	a	0
19	L.VARALAKSHMI	9566956426	BA.ECONOMICS	1 <sup>ST</sup>	a	x	a	a	a	a	a	a	а	a	a	а	a	a	a	a	6
20	A.VIDHYASHREE	6383575767	BA.ECONOMICS	1 <sup>ST</sup>	a	a	a	a	a	a	a	a	а	a	a	a	a	a	a	a	6
21	G,SARASHWATHY	6379392513	BA.ECONOMICS	1 <sup>ST</sup>	x	x	a	x	a	a	a	a	a	a	a	a	a	a	a	а	
22	J.ANJALI	9176979778	BA.ENGLISH	2 <sup>ND</sup>	x	x	a	x	x	x	x	x	x	a	x	a	x	x	x	x	
23	I.VICEROY	9342192455	BA.ENGLISH	3 <sup>RD</sup>	a	a	a	a	a	a	a	a	a	a	a	x	x	x	x	x	
24	ENIYA.S.J	9344473413	BA.HISTORY	2 <sup>ND</sup>	a	a	a	а	а	a	a	a	а	a	а	a	a	a	a	а	
25	S.DEVADHARSHINI	6374819142	BA.HISTORY	2 <sup>ND</sup>	x	x	x	x	x	x	x	x	x	x	a	a	a	a	a	a	
26	V.BHARATHY VEL	9047684102	BA.HISTORY	2 <sup>ND</sup>	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	
27	E.PRIYADHARSHINI	7418397784	BA.HISTORY	2 <sup>ND</sup>	a	a	a	a	a	a	a	a	а	a	a	a	a	a	a	а	
28	P.SHALINI	9342605743	BA.HISTORY	2 <sup>ND</sup>	a	a	a	а	a	a	a	a	а	a	a	a	a	a	a	а	1
29	J.PRIYANKA	9941999129	BA.HISTORY	1 <sup>ST</sup>	x	x	x	x	x	a	a	a	x	a	x	a	x	x	x	x	
	C.NIVETHA	9150696509	BA.HISTORY	1 <sup>ST</sup>	-	-							-		-		x	x	x	x	
30	E.MONIKA	9159093996	BA.HISTORY	2 <sup>ND</sup>	x	x	x	x	x	x	x	x	x	x	а	a	a	а	a	a	
1	P.SRAVANI	9962826938	BA.HISTORY	2 <sup>ND</sup>	x	x	a	a	a	a	a	a	а	а	a	a	a	а	a	a	
2	S.SANGAVI	7871839369	BA.HISTORY	2 <sup>ND</sup>	a	x	a	a	a	a	a	a	a	a	a	a	a	a	a	a	
3	S.HARINI	9363078689	BA.SOCIALOGY	2 <sup>ND</sup>	x	x	a	x	x	x	а	x	x	а	x	а	x	x	x	x	-
34	G.GAYATHRI	9486260382	BA.SOCIALOGY	2 <sup>ND</sup>	x	x	a	a	a	a	a	a	а	а	a	a	a	а	a	а	

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35	S.SWETHA	8248482798	BA.SOCIALOGY	2 <sup>ND</sup>	x	x	x	x	x	x	x	a	x	x	а	a	x	x	а	x	x
36	K.GOWRISELVAM	7418399678	BA.SOCIALOGY	2 <sup>ND</sup>	x	x	x	x	x	x	a	x	x	x	a	a	a	x	x	x	a
37	S.PRIYADHARSHINI	9710909852	BA.SOCIALOGY	2 <sup>ND</sup>	a	a	x	x	a	a	a	a	a	a	a	a	x	x	a	а	a
38	V.ASHVINI	9176301610	BA.SOCIALOGY	1 <sup>8T</sup>	a	a	a	а	a	а	x	a	а	a	a	a	a	a	a	a	a
39	M.SABARI	8825931831	BA.SOCIALOGY	1 <sup>8T</sup>	a	x	x	а	a	а	x	x	x	a	a	a	a	a	a	a	a
40	R.MUBINA	8248972282	BA.SOCIALOGY	1 <sup>ST</sup>	x	x	x	x	x	x	x	x	x	a	x	a	x	x	x	x	x
41	S.BHARATHI	6381378593	BA.SOCIALOGY	2 <sup>ND</sup>	а	x	a	а	а	а	а	а	а	a	а	а	а	a	а	a	a
42	N.LAKSHMI DEVI	9043040471	BA.SOCIALOGY	2 <sup>ND</sup>	_	x	а	а	a	a	а	а	а	a	а	а	а	a	а	а	a
43	M.SABITHA	9176076224	BCA	1 <sup>8T</sup>	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
44	A.PUNITHA	9840533289	BSC ,ZOOLOGY	2 <sup>nd</sup>	x	x	x	x	x	x	x	x	x	a	a	a	а	x	x	x	x
45	S.VINODHINI	9514169397	BSC ,ZOOLOGY	2 <sup>nd</sup>	a	x	x	x	x	x	x	a	x	x	x	a	x	x	a	x	x
46	U.SANGEETHA	9150160557	BSC, ZOOLOGY	2 <sup>nd</sup>	a	x	a	x	x	x	x	a	x	x	x	a	x	x	a	x	x
47	V.VIJAYALAKSHMI	7810071821	BSC.GTTM	2 <sup>ND</sup>	x	x	a	а	a	а	a	a	a	a	a	a	a	a	a	a	a
48	V.KAVIYA	6374624677	BSC.MATHS	1 <sup>ST</sup>	x	x	x	x	x	x	x	x	x	x	x	a	x	x	a	x	a
49	ISHWARYA.R	6369470544	BSC.ZOOLOGY	3 <sup>RD</sup>	x	x	x	x	а	x	x	x	x	x	a	a	x	x	а	а	a
50	SWATHI.V	9363285116	BSC.ZOOLOGY	3 <sup>RD</sup>	x	x	x	x	a	x	x	а	x	x	a	a	x	x	a	а	a
51	PRADHEEPA	9843055483	BSC.ZOOLOGY	3 <sup>RD</sup>	a	a	a	а	a	а	а	a	а	a	a	a	а	а	a	а	a
52	J.MALARVIZHI	7845072927	BSC.ZOOLOGY	3 <sup>RD</sup>	x	x	a	x	x	a	x	x	a	a	a	a	a	a	a	а	а
53	K.ARTHI	7418647727	BSC.ZOOLOGY	2 <sup>ND</sup>	x	a	a	x	a	x	x	a	а	a	а	a	a	a	a	a	а
54	J.JANANI	8681900706	MA Economic	<b>1</b> 8T	x	x	x	x	x	×	l	l	l	l	l	l	ſ	ſ	x	x	ι



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QUEEN MARY'S COLLEGE (A), CHENNAI -600 004

DEPARTMENT OF PHYSICAL EDUCATION

and

Dr. Kobudo A. S. Krishnamurthy,

RYU KYU KOBUDO SHIMBUDAN AND OKINAWA SHORINRYU MU-KEN-KAI KARATE-DO, INDIA, CHENNAI 600017.

> For Martial arts training and testing programs Memorandum of Understanding

# THE MEMORANDUM OF UNDERSTANDING DATED 11.07.2023

#### Between

Queen Mary's College (A), Chennal 600004 represented by Dr.B.Umamaheswari,

Principal (by designation) having her office at Kamarajar salai, Mylapore, Chennal 600 004, Tamilnadu, hereinafter called the First party

#### And

The RYU KYU KOBUDO SHIMBUDAN AND OKINAWA SHORINRYU MU-KEN-KAI KARATE-DO, INDIA, Chennai, India represented by

Dr. Kobudo A. S. Krishnamurthy, having his office at T.Nagar, Chennai hereinafter called the Second party. do hereby agree to the following:

This Memorandum of Understanding (MoU) between Queen Mary's College (A), Chennai 600004, and RYU KYU KOBUDO SHIMBUDAN AND OKINAWA SHORINRYU MU-KEN-KAI KARATE-DO, INDIA, CHENNAI 600017 sets forth the agreement of the parties with respect to mutually benefit initiative to strength the training system and facilitate to train the students to use Karate & Kobudo as a Self - Defence training system to meet out the social challenges through academic and offer them value added certification course.

# 1. Objective and role of partnership

- 1.1 Queen Mary's College (A), Chennal 600004 and
- 1.2 Dr. Kobudo A. S. Krishnamurthy Association partnership is constituted in mutual consultation with each other and based on the overwhelming positive response to train the students to use Karate & Kobudo as a Self Defence training system to meet out the social challenges through academic and offer them value added certification course. Training collaboration for mutual benefit of both the parties of the partnership concerned.
- Students to train the undergraduate students at our college premiseson martial arts and for catalyzing joint initiatives to launch the Karate & Kobudo as a Self Defence training system / value added certification course for the benefit of undergraduate studentsat a nominal cost as prescribed in the appendix. Such knowledge sharing is not merely in terms of the number of human resources required for the types training and skill sets, but is also intended to be much deeper with long-term strategic goals and advantages for both the parties. This partnership will also cater to the needs of Training and consultancy programs in the area of 'Martial Arts'.

#### 1.4 The activities would involve:

- (i) Initiating the training programme for 11th July 2023 and continue the classes until the college closes for its vacation.
- (ii) Arranging a minimum of two coaches to train the undergraduate students at our college premises.
- (iii) Conducting weekly two classes, each of one hour duration for all theundergraduate college students.
- (iv) Evaluating the skill set of students at various levels.
- (v) Certify their levels of skill set through proper examination.

### 1.5 Training Program Guidelines:

Interested undergraduate students from various departments of the institution will be given training at the premises of the institution, Queen Mary's College (A), Chennai at the allotted hours after / before the academic function of the institution. For the training of each student the following norms shall be adhered to:

- ☐ The institution agrees to receive Rs.100/- from each students per month.
- Rescheduling/cancellation of training sessions should be intimated in advance and be compensated on a mutually agreed day.
- The renewal for the next term will be mutually decided and renewed every twelve months.
- Evaluation of skill set of students shall be done at the end of every semester through proper skill test and certification shall be provided to them.
- Proper care should be given to all the undergraduate students without violating college norms and conditions.

1.6 The primary objective of the partnership is to provide a platform to facilitate Skill set building and sharing.

Hence the methods of functioning will be as follows:-

- (i) Help the process of Karate & Kobudo as a Self Defence training system skill development of students and enhancing her personality development to become a stronger individual.
- (ii) Provide physical and mental stamina and strength to meet the society with self-confidence.
- (iii) Build entrepreneurship qualities to become a trainer in future.

# 2. Member of the partnership committee

2.1 The partnership committee will comprise Principal, Queen Mary's College(A), Chennai - 4 and Head, Department of Physical Education, Queen Mary's College (A), Chennai 4 and trainers associated with Dr.Kobudo A. S. Krishnamurthy for a term of one year with subsequent renewals and modifications for a further period of one year, subject to renewal of this MoU.

Principal, Queen Mary's College (A), Chennal 4

And

Chief Skill person - Dr. Kobudo A. S. Krishnamurthy

# 2.2 Partnership Norms

The partnership Committee would meet once every year to take stock of the
progress and give directions to the various clauses for implementation.
Queen Mary's College (A), Chennai 4 would provide a location at the
premises, frame a time table and schedule hours for the training sessions an
Dr. Kobudo A. S. Krishnamurthy would arrange for dedicated faculty/ trainers
examiners to provide skill set to the students enrolled from various department
of the institution.
The Physical Director of Department of Physical Education, Queen
Mary's College (A), Chennal will be the coordinators for the Partnership
Committee or each party shill designate an individual or individuals to oversee
and facilitate the successful completion of the training and certification.
Mutual recognition of each party including the use of term, "Technical
partner* on websites and other promotional materials may be pursued.
Commitment to undertake best efforts to co-operate and collaborate on
various activities, i.e. Conducting higher level certificate courses, Diploma,
advanced Diploma and other co-scholastic projects.
☐ Commitment not to pursue any activities that may damage the other
party or the partnership shall be adhered to.
Except for loss or damage caused through gross negligence or intent,
the parties shall have no liability to each other hereunder.

- This MoU shall be construed as a statement of purpose to promote a genuine and mutually beneficial collaboration between the parties. Nothing in this MoU shall create any legal relationship between the parties.
- 2.3 The Agreement shall commence on 11.07.2023 and shall continue in force until terminated by mutual consent after prior written notice by either party to the other party. The termination will be subject to compliance to the completion of all commitments made. Notwithstanding any such termination, both parties shall ensure that all activities in progress are completed successfully.
  - 2.4 This MoU will be valid for a period of one year from the date of signing of this MoU. After the expiry of this period, the MoU may be extended for further three years based on mutual Interest.

# General:

This document is a statement of understanding and is not intended to create any binding legal and financial obligations on either party.

# Both parties here to have affixed their signatures:

# **Authorized Signatory**

For Ryu Kyu Kobudo Shimbudan and

For Queen Mary's College(A),

Chennai Okinawa Shorinryu Mu-Ken-Kaikarate-

Do, India, Chennai - 600 017.

Dr. Kobudo A. S. Krishnamurthy

Dr.B.Umamaheswari

Principal

Queen Mary's College(A),

Mylapore, Chennal - 600 004.

17, Venkatanarayana Road,

TNagar, Chennal - 600017.

Tamil Nadu.

Witness:

1.

2. Physodheashini &































