


**QUEEN MARY'S COLLEGE (AUTONOMOUS)**

**DEPARTMENT OF HOME SCIENCE**

**REPORT ON EXTENSION PROGRAM**

The Post graduate students of Department of Home Science, Queen Mary's College conducted an extension programme at Government Children Hospital Egmore, Chennai on 4th September 2023 under the guidance of Dr. K. Kasthuri, Associate Professor, Dept of Home Science. The students prepared posters emphasizing the benefits and importance of various millets. These posters were displayed and explained by the students to the audience, which comprised of nursing students, nurses and doctors of the hospital. The Extension programme began with a lecture by Dr. K. Kasthuri on millets and the benefits of consumption of millets. The students then performed a song on the theme -mighty millets, written by Dr K. Kasthuri Associate Professor. A video presentation of the song on millets which won the first place in the millet ragas- a state wide online competition was also screened to educate and entertain the audience. The audience thoroughly enjoyed the programme and found it very useful and informative.




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