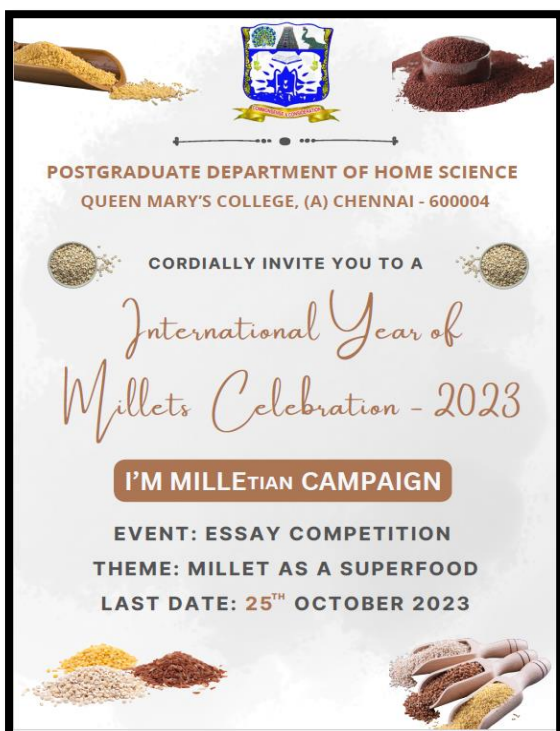


QUEEN MARY'S COLLEGE (AUTONOMOUS), CHENNAI- 4
POST GRADUATE DEPARTMENT OF HOME SCIENCE
INTERNATIONAL YEAR OF MILLETS 2023 CELEBRATION EVENTS
ONLINE ESSAY COMPETITION FOR SCHOOL AND COLLEGE STUDENTS –
OCTOBER 2023
MILLETS- THE SUPER FOODS

Millets have been an integrated part of our diet. In addition to a plethora of health benefits, millets are also good for the environment with low water and input requirement. To celebrate The International year of Millets 2023, Department of Home science conducted an online Essay competition for school and college students during the month of October 2023. Nearly five schools and eight college students had enthusiastically participated in this competition. The theme for the essay competition was Millets- The superfoods. A google form was circulated as a registration platform to all the colleges and schools. Clearly framed instructions and valid e mail to send their entries was informed through WhatsApp group. Nearly thirty-five entries were received and the essays were judged by two special judges and finally two prizes were selected at the school category and two prizes for college category were selected.



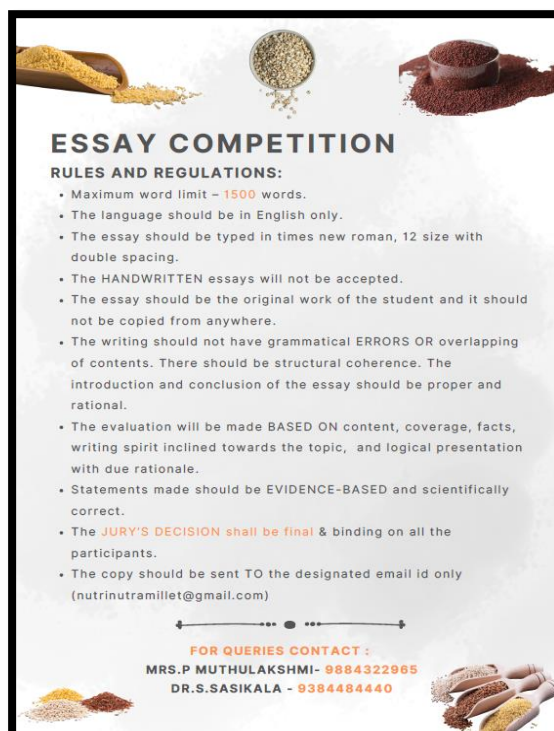
POSTGRADUATE DEPARTMENT OF HOME SCIENCE
QUEEN MARY'S COLLEGE, (A) CHENNAI - 600004

CORDIALLY INVITE YOU TO A

*International Year of
Millets Celebration - 2023*

I'M MILLETIAN CAMPAIGN

EVENT: ESSAY COMPETITION
THEME: MILLET AS A SUPERFOOD
LAST DATE: 25TH OCTOBER 2023



ESSAY COMPETITION

RULES AND REGULATIONS:

- Maximum word limit – 1500 words.
- The language should be in English only.
- The essay should be typed in times new roman, 12 size with double spacing.
- The HANDWRITTEN essays will not be accepted.
- The essay should be the original work of the student and it should not be copied from anywhere.
- The writing should not have grammatical ERRORS OR overlapping of contents. There should be structural coherence. The introduction and conclusion of the essay should be proper and rational.
- The evaluation will be made BASED ON content, coverage, facts, writing spirit inclined towards the topic, and logical presentation with due rationale.
- Statements made should be EVIDENCE-BASED and scientifically correct.
- The JURY'S DECISION shall be final & binding on all the participants.
- The copy should be sent TO the designated email id only (nutrinutramillet@gmail.com)

FOR QUERIES CONTACT :
MRS.P MUTHULAKSHMI- 9884322965
DR.S.SASIKALA - 9384484440