



**QUEEN MARY'S COLLEGE (AUTONOMOUS), CHENNAI- 4**  
**POST GRADUATE DEPARTMENT OF HOME SCIENCE**  
**INTERNATIONAL YEAR OF MILLETS 2023 CELEBRATION EVENTS**  
**E QUIZ COMPETITION FOR SCHOOL STUDENTS – MAY 2023**  
**MILLETS- THE SUPER FOODS**

Millets have been an integrated part of our diet. In addition to a plethora of health benefits, millets are also good for the environment with low water and input requirement. With the aim to create awareness and increase the production and consumption of millets, United Nations at the behest of the Government of India declared 2023 as The International year of Millets. To commemorate this the Department of Home science conducted an online E Quiz competition for the school students during the month of May 2023. Nearly Two hundred and thirteen students from thirteen schools from classes 9 to 12 enthusiastically participated in this competition. Questions related to General Information, Health benefits and Nutritional significance of millets were included in the Questionnaire to assess the nutritional knowledge among the school children. The duration of the quiz was for 15 minutes and the participants submitted their entries through google form within the prescribed time limit. All the participants who scored minimum of sixty percent received their participation certificate through their registered email id. The students who were quickest to score the maximum points were selected for the top three prizes within each participant school. The school which enrolled maximum number of participants was also awarded an overall Trophy. The trophies for prize winners and certificates were distributed by our respected Principal Dr. B. Uma Maheswari, during the college assembly on 19/8/2023. Students and teachers of the prize winning school, attended the assembly and received their prizes. Teachers gave positive feedback about the event and considered it a wonderful opportunity and motivation to the school students.






POSTGRADUATE DEPARTMENT OF HOME SCIENCE,  
QUEEN MARY'S COLLEGE,  
CHENNAI-4

**International Year of Millets  
Celebration 2023**

**I'M MILLETIAN CAMPAIGN**

EVENT : E - QUIZ COMPETITION  
THEME: MILLETS- THE SUPER FOODS  
DATE: 21-05-2023

**E - QUIZ COMPETITION**



**E - QUIZ COMPETITION**

**Participants : School students from class 9 to 12**  
**PLATFORM : ONLINE MODE**  
**GOOGLE FORM LINK WILL BE SHARED**

**INSTRUCTIONS TO THE PARTICIPANTS**

- Valid and active email id should be used to receive the e-quiz participation certificate
- Participants must fill all the responses to get e-quiz certificate
- Only one filled in Google form will be accepted from each participant
- Forms should be filled in within the time allotted.
- All are requested to log in at the same time (11Am to 11:30AM)
- The form will be enabled when a specified number of participants register
- Form will be disabled after the specified maximum number of participants respond
- **CLICK HERE TO REGISTER FOR THE E QUIZ COMPETITION**
- <https://forms.gle/jwDxZbxAs1WGsm9Y2>

**WIN ATTRACTIVE PRIZES AND CERTIFICATES. A TROPHY WILL BE AWARDED TO THE SCHOOL THAT HAS MAXIMUM NUMBER OF PARTICIPANTS.**

**FOR QUERIES**  
1. DR. MRS. S. PREMA  
PHNO: 9884008088  
2. MRS. P. MUTHULAKSHMI  
PHNO: 9884322965

